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HEART ATTACK WARNING SIGNS

Take the heart attack warning signs quiz to check if you could recognize and act on warning signs of a heart attack. Heart attack is a medical emergency. If you think you are having a heart attack, call 911.

1. All heart attacks start with severe chest pain.
True or False
2. Dizziness, nausea and shortness of breath may be warning signs of a heart attack.
True or False
3. Women may experience pain more like indigestion during a heart attack,
True or False
4. You should confirm with someone else that you are having a heart attack before calling for an ambulance. **True or False**

ANSWERS:

1. **False.** Symptoms of a heart attack may start off as mild discomfort in the chest. You may not experience any chest pain at all but have other symptoms such as neck pain, jaw or stomach discomfort.
2. **True.** Heart attack symptoms vary between people but you may experience dizziness, nausea and shortness of breath may be warning signs of a heart attack.
3. **True.** While women may experience some of the same symptoms as men during a heart attack they may develop an indigestion type pain.
4. **False.** Too many die or live with people with permanent disability through delays in seeking treatment for heart attack symptoms. A heart attack is an emergency, so if you think you are having a heart attack call 911.